

Checklist of Applied Knowledge in Clinical Psychology
Standards of Practice: Summary Page

Report Reviewed:

Constructs Applied:			Rating
	Family Systems Pathology:		Yes – Partial- Deficit
	Attachment Pathology:		Yes – Partial- Deficit
	Trauma Pathology:		Yes – Partial- Deficit
	Personality Pathology:		Yes – Partial- Deficit
	Neuro-developmental		Yes – Partial- Deficit

Diagnostic Foundations:			
	DSM-5 Diagnosis:		Yes – Partial- Deficit
	Case Formulation Diagnosis:		Yes – Partial- Deficit

Treatment Plan:			
	Articulated Treatment Plan:		Yes – Partial- Deficit
	Linked to DSM-5 Diagnosis:		Yes – Partial- Deficit
	Linked to Case Formulation		Yes – Partial- Deficit
	Long-Term Goals		Yes – Partial- Deficit
	Short-Term Goals:		Yes – Partial- Deficit
	Interventions		Yes – Partial- Deficit
	Timeframes		Yes – Partial- Deficit

Checklist of Applied Knowledge

Applied Domains of Knowledge

1. Family Systems Constructs in Analysis

1	2	3	4
No use	Inadequate	Adequate	Full
No family systems constructs used in analysis	Some but inadequate or inaccurate use of family systems constructs	Some but not complete use of family systems constructs	A full analysis using family systems constructs is provided

<u>Constructs Used</u>	Yes	No
Triangulation	<input type="checkbox"/>	<input type="checkbox"/>
Cross-Generational Coalition	<input type="checkbox"/>	<input type="checkbox"/>
Emotional Cutoff	<input type="checkbox"/>	<input type="checkbox"/>
Differentiation of Self	<input type="checkbox"/>	<input type="checkbox"/>
Multigenerational Transmission ...	<input type="checkbox"/>	<input type="checkbox"/>
Inverted Hierarchy	<input type="checkbox"/>	<input type="checkbox"/>

2. Attachment Constructs in Analysis

1	2	3	4
No use	Inadequate	Adequate	Full
No attachment related constructs used in analysis	Some but inadequate or inaccurate use of attachment constructs	Some but not complete use of attachment constructs	A full analysis using attachment constructs is provided

<u>Constructs Used</u>	Yes	No
Description of Attachment	<input type="checkbox"/>	<input type="checkbox"/>
Insecure Attachment Patterns	<input type="checkbox"/>	<input type="checkbox"/>
Emotional Dysregulation	<input type="checkbox"/>	<input type="checkbox"/>
Breach-and-Repair Sequence	<input type="checkbox"/>	<input type="checkbox"/>
Role-Reversal	<input type="checkbox"/>	<input type="checkbox"/>

3. Personality Pathology Constructs in Analysis

1	2	3	4
No use	Inadequate	Adequate	Full
No personality pathology constructs used in analysis	Some but inadequate or inaccurate use of personality constructs	Some but not complete use of personality pathology constructs	A full analysis using personality pathology constructs is provided

<u>Constructs Used</u>	Yes	No
Splitting	<input type="checkbox"/>	<input type="checkbox"/>
Absence of Empathy	<input type="checkbox"/>	<input type="checkbox"/>
Emotional Dysregulation	<input type="checkbox"/>	<input type="checkbox"/>
False "Abuse" Allegations	<input type="checkbox"/>	<input type="checkbox"/>
Power, Control, & Domination	<input type="checkbox"/>	<input type="checkbox"/>

Checklist of Applied Knowledge

4. Trauma Constructs in Analysis

1	2	3	4
No use	Inadequate	Adequate	Full
No trauma constructs used in analysis	Some but inadequate or inaccurate use of trauma constructs	Some but not complete use of trauma constructs	A full analysis using trauma constructs is provided

<u>Constructs Used</u>	Yes	No
Persecutory Delusion	<input type="checkbox"/>	<input type="checkbox"/>
Trauma Reenactment Pattern	<input type="checkbox"/>	<input type="checkbox"/>
PTSD Identified or Implied	<input type="checkbox"/>	<input type="checkbox"/>
PTSD Criterion 1 Identified	<input type="checkbox"/>	<input type="checkbox"/>
Phobic Anxiety Identified	<input type="checkbox"/>	<input type="checkbox"/>

5. Neuro-Developmental

1	2	3	4
No use	Inadequate	Adequate	Full
No neuro-developmental constructs used in analysis	Some but inadequate or inaccurate use of neuro-developmental constructs	Moderate use of neuro-developmental constructs	A full analysis using neuro-developmental constructs is provided

<u>Constructs Used</u>	Yes	No
Intersubjectivity	<input type="checkbox"/>	<input type="checkbox"/>
Co-Construction	<input type="checkbox"/>	<input type="checkbox"/>
Use-Dependent Development	<input type="checkbox"/>	<input type="checkbox"/>
Breach-and-Repair Sequence	<input type="checkbox"/>	<input type="checkbox"/>
Age-Gender Neuro-Maturation	<input type="checkbox"/>	<input type="checkbox"/>

Self Psychology

1	2	3	4
No use	Inadequate	Adequate	Full
No neuro-developmental constructs used in analysis	Some but inadequate or inaccurate use of neuro-developmental constructs	Moderate use of neuro-developmental constructs	A full analysis using neuro-developmental constructs is provided

<u>Constructs Used</u>	Yes	No
Empathic failure	<input type="checkbox"/>	<input type="checkbox"/>
Regulatory self-object.....	<input type="checkbox"/>	<input type="checkbox"/>
Narcissistic injury	<input type="checkbox"/>	<input type="checkbox"/>
Self-structure	<input type="checkbox"/>	<input type="checkbox"/>
Optimal frustration	<input type="checkbox"/>	<input type="checkbox"/>

Checklist of Applied Knowledge

Standards of Professional Practice: Diagnosis

1. DSM-5 Diagnosis Provided: Yes No Partial
- Category of DSM-5 Diagnosis
- Trauma pathology
 - Disruptive/conduct pathology
 - Anxiety pathology
 - Depressive/bipolar pathology
 - Eating disorder pathology
 - Personality disorder pathology
 - Neurodevelopmental
 - Child abuse pathology
 - Spousal-partner abuse pathology
 - Other DSM-5 category
2. DSM-5 Symptoms Reported:
- Trauma pathology
 - Oppositional/conduct pathology
 - Anxiety pathology
 - Depressive/bipolar pathology
 - Eating disorder pathology
 - Personality disorder pathology
 - Neurodevelopmental
 - Child abuse pathology
 - Spousal-partner abuse pathology (using child as the weapon)
 - Other DSM-5 category
3. Case Formulation Diagnosis
- Fully Articulated: A case formulation is clearly presented with a clearly identifiable theoretical orientation articulated.
 - Partially Articulated: A fractured case formulation is presented or clear theoretical foundations are not evident.
 - No Formulation: No organized case formulation is presented beyond symptom identification.
4. Case Formulation Orientation
- Cognitive-behavioral
 - Family systems
 - Humanistic-existential
 - Psychoanalytic (attachment-neurodevelopment)
 - Social Constructionism (cultural, gender, narrative, solution-focused)
 - Religious-spiritual
 - Motivational (recovery)
 - Other organized framework: _____
 - No coherent orientation evident

Checklist of Applied Knowledge

Standards of Professional Practice: Treatment Plan

1. Articulated Treatment Plan

- Fully Elaborated:** A fully elaborated treatment plan is described that includes short-term, medium-term, and long-range goals that are responsive to the presenting problem and case formulation. The treatment plan identifies the specific steps and interventions used to achieve the treatment goals, with specified time-frame benchmarks for achievement of the treatment goal and its reevaluation. Anchored data procedures are identified for collection of treatment progress measures and treatment outcome assessments.
- Partially Described:** A treatment plan is partially described with many features of a full treatment plan (goals-interventions-outcome) or that is only partially linked to the presenting problem, DSM-5 diagnosis, and case formulation.
- Marginal Description:** The treatment plan is vague and lacks major components of a standard treatment plan, such as missing short and long-term goals, specific interventions to be used, time-frame benchmarks, and measurable outcomes.
- No Treatment Plan:** No coherent or organized treatment plan is described.

2. Treatment Plan Components

	Yes	Partial	No
Links: Linkage to presenting problems	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Linkage to DSM-5 diagnosis	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Linkage to case conceptualization	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Goals: Long-term goals identified	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Consistent short-term goals identified	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Specific: Specific interventions described for each goal	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Measures: Measurable outcomes described	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Time: Time-frame for achieving long-term goal	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Time-frame for achieving short-term goal	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

3. Treatment Plan Orientation

- Cognitive-behavioral
- Family systems
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- Social Constructionism (cultural, gender, narrative, solution-focused)
- Religious-spiritual
- Motivational (recovery)
- Other organized framework
- No coherent orientation evident