

Assessment Checklist for Pathogenic Parenting

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Cross-Generational Coalition: Is there a cross-generational coalition of the child with an allied parent against the other parent? Yes No Somewhat

Minuchin; Haley; Madanes; Family Systems Therapy

Emotional Cutoff: Is there an emotional cutoff in the parent child attachment bond? Yes No Somewhat

Bowen; Family Systems Therapy; Bowlby; Attachment

Inverted Hierarchy: Is there an inverted hierarchy of a child judging a parent as if the parent were the child and the child the parent? Yes No Somewhat

Minuchin; Family Systems Therapy

Multigenerational Trauma: Are there indicators of unresolved trauma with the allied parent? Yes No Somewhat

Bowen; Family Systems Therapy; van der Kolk; Lyons-Ruth; Disorganized Attachment

Persecutory Delusion: Is there a shared persecutory delusion between the allied parent and child toward the targeted parent? Yes No Somewhat

American Psychiatric Association; Millon, Courtois

Splitting: Are there polarized sides and does the child display fixed and intransigently held beliefs that do not accommodate to change? Yes No Somewhat

American Psychiatric Association; Kernberg; Llinehan

Absence of Empathy: Does the child display the capacity for cruelty? Yes No Somewhat

American Psychiatric Association, Baron-Cohen

Attachment-Bond Rejection: Does the child reject attachment bonding to a normal-range parent? Yes No Somewhat

Bowlby; Ainsworth; Mains; Lyons-Ruth
