

C.A. Childress, Psy.D.

Dr. Childress is a licensed clinical psychologist specializing in attachment pathology, trauma, and family conflict. The current focus of Dr. Childress is attachment pathology surrounding high-conflict divorce (commonly called “parental alienation”) and solutions in assessment, diagnosis, and treatment for the family court.

Dr. Childress is the author of *An Attachment-Based Model of Parental Alienation: Foundations*, a reformulation of the “parental alienation” construct from within the standard and established constructs and principles of professional psychology.

Dr. Childress was formerly a pediatric psychologist at both Children’s Hospital of Los Angeles and at Children’s Hospital of Orange County, and prior to entering private practice Dr. Childress served as the Clinical Director for a three-university collaborative childhood assessment and treatment center for children in the foster care system. Dr. Childress holds a secondary professional expertise in early childhood mental health (ages 0-5) and the neuro-development of the brain in childhood.

Recent Presentations

- **American Psychological Association.** Empathy, the Family, and the Core of Social Justice. Childress, C.A. & Pruter, D. Paper Presentation at the APA National Convention, Division 24, 8/8/19; Chicago, IL.
- **Erasmus University Medical Center.** Attachment-Based Parental Alienation: Trauma Informed Assessment of Complex Family Conflict. Rotterdam, Netherlands; 2/25/19.
- **Dutch Ministry of Justice.** Invited meeting; 2/27/19.
- **Law Society of Saskatchewan.** Solutions for the Family Court and Professional Psychology; Saskatoon 11/20/18; Regina 11/21/18.
- **Legislature Briefing.** Pennsylvania State Legislature; House Children and Youth Committee. Solutions to High-Conflict Divorce in the Family Court. November 15, 2017; Harrisburg, PA (<https://www.youtube.com/watch?v=Ala1KbfsWIM>)
- **Legislature Briefing.** Massachusetts State Legislature. Grandparent and Family Alienation; Hosted by Representative Walsh. 5/31/17; Boston MA.
- **Association of Family and Conciliation Courts.** An Attachment-Based Model of Parental Alienation: Diagnosis and Treatment (Childress & Pruter). Seminar presentation at the AFCC National Convention. 6/1/17; Boston, MA.

Books & Booklets

- Foundations: An Attachment-Based Model of Parental Alienation
- The Narcissistic Parent: A Guidebook for Legal Professionals Working with Families in High-Conflict Divorce
- An Attachment-Based Model of Parental Alienation: Single-Case ABAB Assessment and Remedy