

Checklist of Applied Knowledge in Clinical Psychology
Standards of Practice: Summary Page

Report Reviewed:

| Constructs Applied: | | | Rating |
|---------------------|---------------------------|--|------------------------|
| | Family Systems Pathology: | | Yes – Partial- Deficit |
| | Attachment Pathology: | | Yes – Partial- Deficit |
| | Trauma Pathology: | | Yes – Partial- Deficit |
| | Personality Pathology: | | Yes – Partial- Deficit |
| | Neuro-developmental | | Yes – Partial- Deficit |
| | Self Psychology | | Yes – Partial- Deficit |

| Diagnostic Foundations: | | | |
|-------------------------|-----------------------------|--|------------------------|
| | DSM-5 Diagnosis: | | Yes – Partial- Deficit |
| | Case Formulation Diagnosis: | | Yes – Partial- Deficit |

| Treatment Plan: | | | |
|-----------------|-----------------------------|--|------------------------|
| | Articulated Treatment Plan: | | Yes – Partial- Deficit |
| | Linked to DSM-5 Diagnosis: | | Yes – Partial- Deficit |
| | Linked to Case Formulation | | Yes – Partial- Deficit |
| | Long-Term Goals | | Yes – Partial- Deficit |
| | Short-Term Goals: | | Yes – Partial- Deficit |
| | Interventions | | Yes – Partial- Deficit |
| | Timeframes | | Yes – Partial- Deficit |

Checklist of Applied Knowledge

Applied Domains of Knowledge

1. Family Systems Constructs in Analysis

| | | | |
|---|--|--|---|
| 1 | 2 | 3 | 4 |
| No use | Inadequate | Adequate | Full |
| No family systems constructs used in analysis | Some but inadequate or inaccurate use of family systems constructs | Some but not complete use of family systems constructs | A full analysis using family systems constructs is provided |

| <u>Constructs Used</u> | Yes | No |
|------------------------------------|--------------------------|--------------------------|
| Triangulation | <input type="checkbox"/> | <input type="checkbox"/> |
| Cross-Generational Coalition | <input type="checkbox"/> | <input type="checkbox"/> |
| Emotional Cutoff | <input type="checkbox"/> | <input type="checkbox"/> |
| Differentiation of Self | <input type="checkbox"/> | <input type="checkbox"/> |
| Multigenerational Transmission ... | <input type="checkbox"/> | <input type="checkbox"/> |
| Inverted Hierarchy | <input type="checkbox"/> | <input type="checkbox"/> |

2. Attachment Constructs in Analysis

| | | | |
|---|--|--|---|
| 1 | 2 | 3 | 4 |
| No use | Inadequate | Adequate | Full |
| No attachment related constructs used in analysis | Some but inadequate or inaccurate use of attachment constructs | Some but not complete use of attachment constructs | A full analysis using attachment constructs is provided |

| <u>Constructs Used</u> | Yes | No |
|------------------------------------|--------------------------|--------------------------|
| Description of Attachment | <input type="checkbox"/> | <input type="checkbox"/> |
| Insecure Attachment Patterns | <input type="checkbox"/> | <input type="checkbox"/> |
| Emotional Dysregulation | <input type="checkbox"/> | <input type="checkbox"/> |
| Breach-and-Repair Sequence | <input type="checkbox"/> | <input type="checkbox"/> |
| Role-Reversal | <input type="checkbox"/> | <input type="checkbox"/> |

3. Personality Pathology Constructs in Analysis

| | | | |
|--|---|---|--|
| 1 | 2 | 3 | 4 |
| No use | Inadequate | Adequate | Full |
| No personality pathology constructs used in analysis | Some but inadequate or inaccurate use of personality constructs | Some but not complete use of personality pathology constructs | A full analysis using personality pathology constructs is provided |

| <u>Constructs Used</u> | Yes | No |
|------------------------------------|--------------------------|--------------------------|
| Splitting | <input type="checkbox"/> | <input type="checkbox"/> |
| Absence of Empathy | <input type="checkbox"/> | <input type="checkbox"/> |
| Emotional Dysregulation | <input type="checkbox"/> | <input type="checkbox"/> |
| False "Abuse" Allegations | <input type="checkbox"/> | <input type="checkbox"/> |
| Power, Control, & Domination | <input type="checkbox"/> | <input type="checkbox"/> |

Checklist of Applied Knowledge

4. Trauma Constructs in Analysis

| | | | |
|---------------------------------------|--|--|---|
| 1 | 2 | 3 | 4 |
| No use | Inadequate | Adequate | Full |
| No trauma constructs used in analysis | Some but inadequate or inaccurate use of trauma constructs | Some but not complete use of trauma constructs | A full analysis using trauma constructs is provided |

| <u>Constructs Used</u> | Yes | No |
|-----------------------------------|--------------------------|--------------------------|
| Persecutory Delusion | <input type="checkbox"/> | <input type="checkbox"/> |
| Trauma Reenactment Pattern | <input type="checkbox"/> | <input type="checkbox"/> |
| PTSD Identified or Implied | <input type="checkbox"/> | <input type="checkbox"/> |
| PTSD Criterion 1 Identified | <input type="checkbox"/> | <input type="checkbox"/> |
| Phobic Anxiety Identified | <input type="checkbox"/> | <input type="checkbox"/> |

5. Neuro-Developmental

| | | | |
|--|---|--|--|
| 1 | 2 | 3 | 4 |
| No use | Inadequate | Adequate | Full |
| No neuro-developmental constructs used in analysis | Some but inadequate or inaccurate use of neuro-developmental constructs | Moderate use of neuro-developmental constructs | A full analysis using neuro-developmental constructs is provided |

| <u>Constructs Used</u> | Yes | No |
|-----------------------------------|--------------------------|--------------------------|
| Intersubjectivity | <input type="checkbox"/> | <input type="checkbox"/> |
| Co-Construction | <input type="checkbox"/> | <input type="checkbox"/> |
| Use-Dependent Development | <input type="checkbox"/> | <input type="checkbox"/> |
| Breach-and-Repair Sequence | <input type="checkbox"/> | <input type="checkbox"/> |
| Age-Gender Neuro-Maturation | <input type="checkbox"/> | <input type="checkbox"/> |

Self Psychology

| | | | |
|--|---|--|--|
| 1 | 2 | 3 | 4 |
| No use | Inadequate | Adequate | Full |
| No neuro-developmental constructs used in analysis | Some but inadequate or inaccurate use of neuro-developmental constructs | Moderate use of neuro-developmental constructs | A full analysis using neuro-developmental constructs is provided |

| <u>Constructs Used</u> | Yes | No |
|-----------------------------|--------------------------|--------------------------|
| Empathic failure | <input type="checkbox"/> | <input type="checkbox"/> |
| Regulatory self-object..... | <input type="checkbox"/> | <input type="checkbox"/> |
| Narcissistic injury | <input type="checkbox"/> | <input type="checkbox"/> |
| Self-structure | <input type="checkbox"/> | <input type="checkbox"/> |
| Optimal frustration | <input type="checkbox"/> | <input type="checkbox"/> |

Checklist of Applied Knowledge

Standards of Professional Practice: Diagnosis

1. DSM-5 Diagnosis Provided: Yes No Partial
- Category of DSM-5 Diagnosis
- Trauma pathology
 - Disruptive/conduct pathology
 - Anxiety pathology
 - Depressive/bipolar pathology
 - Eating disorder pathology
 - Personality disorder pathology
 - Neurodevelopmental
 - Child abuse pathology
 - Spousal-partner abuse pathology
 - Other DSM-5 category
2. DSM-5 Symptoms Reported:
- Trauma pathology
 - Oppositional/conduct pathology
 - Anxiety pathology
 - Depressive/bipolar pathology
 - Eating disorder pathology
 - Personality disorder pathology
 - Neurodevelopmental
 - Child abuse pathology
 - Spousal-partner abuse pathology (using child as the weapon)
 - Other DSM-5 category
3. Case Formulation Diagnosis
- Fully Articulated: A case formulation is clearly presented with a clearly identifiable theoretical orientation articulated.
 - Partially Articulated: A fractured case formulation is presented or clear theoretical foundations are not evident.
 - No Formulation: No organized case formulation is presented beyond symptom identification.
4. Case Formulation Orientation
- Cognitive-behavioral
 - Family systems
 - Humanistic-existential
 - Psychoanalytic (attachment-neurodevelopment)
 - Social Constructionism (cultural, gender, narrative, solution-focused)
 - Religious-spiritual
 - Motivational (recovery)
 - Other organized framework: _____
 - No coherent orientation evident

Checklist of Applied Knowledge

Standards of Professional Practice: Treatment Plan

1. Articulated Treatment Plan

- Fully Elaborated:** A fully elaborated treatment plan is described that includes short-term, medium-term, and long-range goals that are responsive to the presenting problem and case formulation. The treatment plan identifies the specific steps and interventions used to achieve the treatment goals, with specified time-frame benchmarks for achievement of the treatment goal and its reevaluation. Anchored data procedures are identified for collection of treatment progress measures and treatment outcome assessments.
- Partially Described:** A treatment plan is partially described with many features of a full treatment plan (goals-interventions-outcome) or that is only partially linked to the presenting problem, DSM-5 diagnosis, and case formulation.
- Marginal Description:** The treatment plan is vague and lacks major components of a standard treatment plan, such as missing short and long-term goals, specific interventions to be used, time-frame benchmarks, and measurable outcomes.
- No Treatment Plan:** No coherent or organized treatment plan is described.

2. Treatment Plan Components

| | Yes | Partial | No |
|--|--------------------------|--------------------------|--------------------------|
| Links: Linkage to presenting problems | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Linkage to DSM-5 diagnosis | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Linkage to case conceptualization | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Goals: Long-term goals identified | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Consistent short-term goals identified | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Specific: Specific interventions described for each goal | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Measures: Measurable outcomes described | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Time: Time-frame for achieving long-term goal | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| Time-frame for achieving short-term goal | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

3. Treatment Plan Orientation

- Cognitive-behavioral
- Family systems
- Humanistic-existential
- Psychoanalytic (attachment-neurodevelopment)
- Social Constructionism (cultural, gender, narrative, solution-focused)
- Religious-spiritual
- Motivational (recovery)
- Other organized framework
- No coherent orientation evident