Attachment Counter-Transference Scale

1. As a child, did you love your mother? Yes Somewhat No 2. As a child, did you love your father? Yes Somewhat No As a child, did your *mother* love you? 3. Yes Somewhat No As a child, did your *father* love you? 4. Somewhat Yes No 5. As a child, did your *mother* hug you? Yes Somewhat No 6. As a child, did your *father* hug you? Yes Somewhat No 7. Other than physically violent parenting, sexually abusive parenting, or abusive neglect of the child, do you believe there are justified reasons for a child to reject a parent? No Yes Somewhat 7a: If yes or somewhat, what reasons: 8. mother-son: How important is it for a son to receive love from his mother? 10 20 30 50 70 80 0 40 60 90 100 Not at all important Moderately important Extremely important

C.A. Childress (2018)

9. mother-daughter: How important is it for a *daughter* to receive love from her *mother*?



Not at all important Moderately important

Family of Origin:

Intact marital family

Minimal to resolved family conflict

- Moderate to unresolved family conflict
- High family conflict in the family of origin

Divorced-separated marital family

- Minimal to resolved family conflict
- □ Moderate to unresolved family conflict
- High family conflict in the family of origin

Curriculum Knowledge Scale

Have you read:

Attac	hmen	t		
yes	no		pts	
		Bowlby: Attachment, Vol. 1	1	
		Bowlby: Separation, Vol. 2	1	
		Bowlby: Loss, Vol. 3	1	
		Siegel: The Developing Mind	1	
		Cassidy & Shaver: Handbook of Attachment	2	
		Stern: The Present Moment	2	
		Stern: Interpersonal World of the Infant	3	
		Fonagy: Borderline personality disorder, mentalization, and the neurobiology of attachment.	3	
		Attackment total points		(1.4+-)
Attachment total points Family Systems			pts	(14 pts)
yes	no		1	
		Minuchin: Families & Family Therapy	1	
		Bowen: Family Evaluation	1	
		Haley: Problem Solving Therapy	1	
		Madanes: Strategic Family Therapy	2	
		Virginia Satir: Peoplemaking	2	_
		Family Systems total points		(7 pts)
Personality Pathology yes no			pts	I
		Beck: Cognitive Therapy with Personality Disorders	1	
		Kernberg: Borderline Conditions & Pathological Narcissism	1	
		Millon: Disorders of Personality	1	
		Linehan: Cognitive-Behavioral Treatment of Borderline Personality Disorder	2	
		Personality Pathology total points		(5 nts)

Personality Pathology total points

Scoring Criteria Counter-Transference Scale

Items 1-6: Love and Affection

Scoring Criteria: Yes = 1; Somewhat = 0; No = 0.

Interpretation: A score under 6 is of concern for a mental health professional working with attachment-related family pathology, because a score under 6 indicates potential disrupted attachment networks. Clarity in self-organization is critical to accurate assessment and diagnosis of attachment pathology in others.

Items scored zero warrant further professional introspection, with four to six sessions of professional consultation recommended for professional clarity on family of origin issues prior to working with attachment-related family pathology.

Item 7: Reasons for Conflict

Scoring Criteria: non-scored.

Interpretation: This item promotes the self-reflection and self-examination of the mental health professional's approach to understanding and resolving parent-child conflict. This item is a qualitatively scored item relative to the answers provided.

Items 8-11: Importance of Relationships

Scoring Criteria: Rating on 0-100 scale

Interpretation: All four scores should be 100. Any rating less than 100 on any of these four items warrants justification and citation to the professional literature for support.

Family of Origin

Scoring Criteria: non-scored

Interpretation: Intact or separated family structure is less important than level of conflict in the family of origin.

Low to moderate family conflict, particularly when it is effectively resolved, is of no concern. Moderate levels of unresolved family conflict in the family of origin is of concern.

High levels of family conflict in either an intact or separated family structure is cause for concern regarding the approach of the mental health professional toward family conflict.

High-conflict or unresolved family conflict in the family of origin warrants further professional introspection, with four to six sessions of professional consultation recommended for professional clarity on family of origin issues prior to working with attachment-related family pathology.

Scoring Criteria for Curriculum Knowledge Scale

Attachment System

- 0 No knowledge. Should not be working with attachment pathology in children.
- 0-2 Minimal knowledge. Should not be working with attachment pathology in children.
- 3-5 Entry knowledge. Not yet adequate for professional practice with children.
- 6-8 Moderate professional knowledge; beginning work with attachment-related pathology in children.
- 9-14 Expected standard of practice for working with attachment pathology in children

Family Systems

- 0 No knowledge. Should not be working with family pathology.
- 0-2 Moderate knowledge of family pathology. Not yet sufficient for professional practice with family pathology.
- 3-5 Expected standard of practice for working with family pathology.
- 6-7 Skilled practitioner

Personality Pathology

- 0 No knowledge. Should not be working with personality disorder pathology.
- 0-2 Moderate knowledge of personality pathology. Not yet sufficient for professional practice with personality disorder pathology.
- 3-5 Expected standard of practice for working with personality disorder pathology.